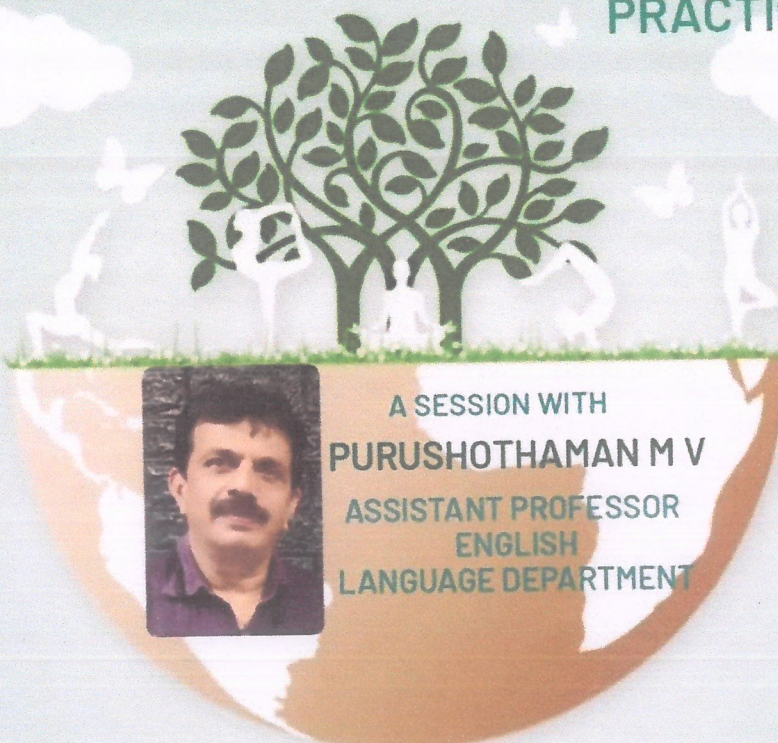




IN ASSOCIATION WITH
LITERARY CLUB

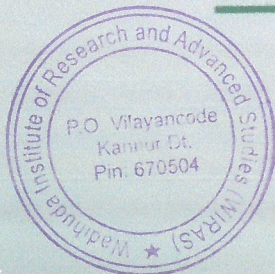
PROGRAMS:
YOGA CLASS
A SESSION ON YOGA
PRACTICE



A SESSION WITH
PURUSHOTHAMAN M V
ASSISTANT PROFESSOR
ENGLISH
LANGUAGE DEPARTMENT

INTERNATIONAL
YOGA DAY

21ST JUNE 2022



C. Sadeff

Principal
Waduhda Institute of Research
and Advanced Studies (WIRAS)
P.O. Vilayancode, Kannur Dt., 670504



WIRAS
WADIHUDA INSTITUTE OF
RESEARCH & ADVANCED STUDIES

Vilayancode P.O, Pilathara, Kannur - 670 504 | www.wadihuda.org | info@wadihuda.org

[Signature]
Principal
Waduhda Institute of Research
and Advanced Studies (WIRAS)
P.O. Vilayancode, Kannur Dt., 670504

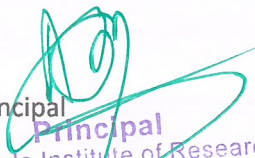
NOTICE

Dear Students & Teachers

We have decided to celebrate International Yoga Day on June 21st, 2022 in our College. WIRAS Nss unit 48 & Literary club conducts the program. All are cordially invited

Place: vilayancode

Date :19/06/2022

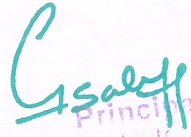

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and Advanced Studies (WIRAS)
P.O. Vilayancode, Kannur Dt., 670504



NSS Program Officer

Saranya R.K. 




Principal
Wadhuda Institute of Research
and Advanced Studies (WIRAS)
P.O. Vilayancode, Kannur Dt., 670504



NSS UNIT - 48

IN ASSOCIATION WITH
LITERARY CLUB

PROGRAMS:
YOGA CLASS
A SESSION ON YOGA
PRACTICE

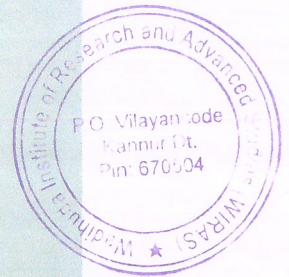


PROGRAMS

WELCOME SPEECH : MR PRADEEPAN R C
INTRODUCTORY SPEECH : DR. MOHAMMED
ASRAF
FELICITATION: MS. SARANYA R K
MR. SAAD MOHAMMED
VOTE OF THANKS: GEETHIKA

INTERNATIONAL
YOGA DAY

21ST JUNE 2022



C. Saad
Principal

Wadihuda Institute of Research
and Advanced Studies (WIRAS)
P.O. Vilayancode, Kannur Dt., 670504



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India is proud about it's culture and heritage.

The whole world appreciates India for its contribution of Yoga.

On June 21 st Global community observes Yoga day raising the slogan "Yoga for Humanity"

Being a part of it, NSS unit of WIRAS vilayanocode conducted a yoga day session with Shri. Purushothaman MV

(Asst. Professor English department)

Teachers and students enthusiastically attended the programme which started at 11 A. M in the morning.welcome speech is Mr Pradeepan R C, Introduction speech is Dr. Mohammed Asraf (Principal, WIRAS) , felicitation Ms SARANYA R K(NSS Program officer),Mr Saad Mohammed.(Staff advisor)

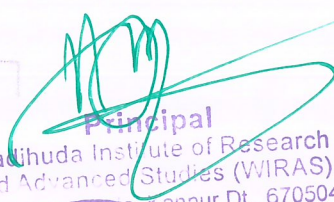
The session provided us with a great amout of knowledge about the wonders of yoga.

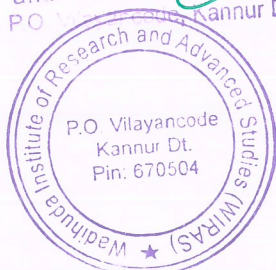
We could practice and experience the same on the session.


It was a first time experience for many of the persons who attended the event.

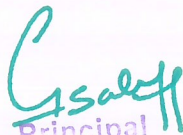
Regardless of age, everyone decided to practice yoga a part of their routine.at last vote of thanks by geethika k(nss volunteer)

The session ended at _12:30_PM


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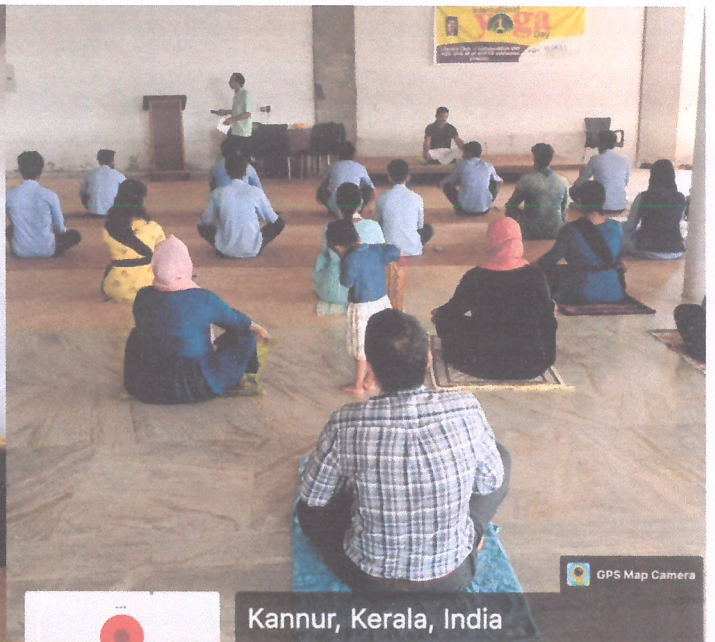



Saranya. R.K.
NSS Program Officer


Principal
Wadhuda Institute of Research
and Advanced Studies (WIRAS)
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GPS Map Camera



GPS Map Camera

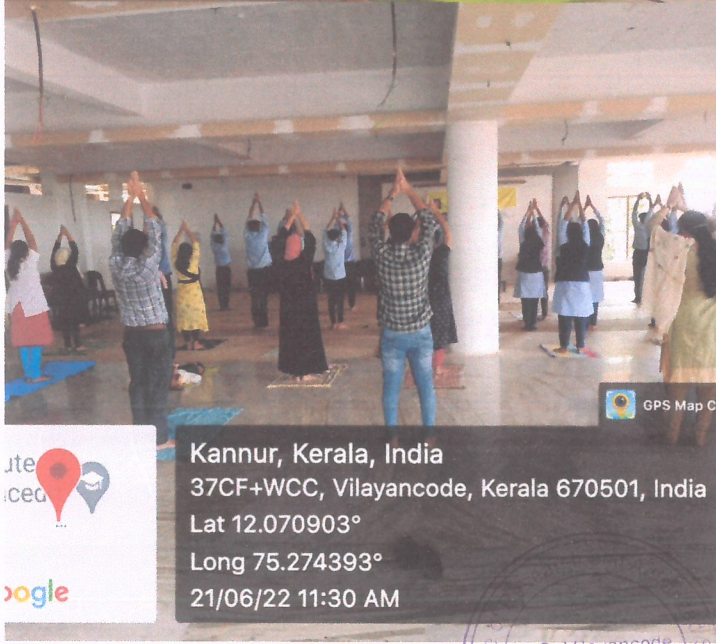
Kannur, Kerala, India



GPS Map



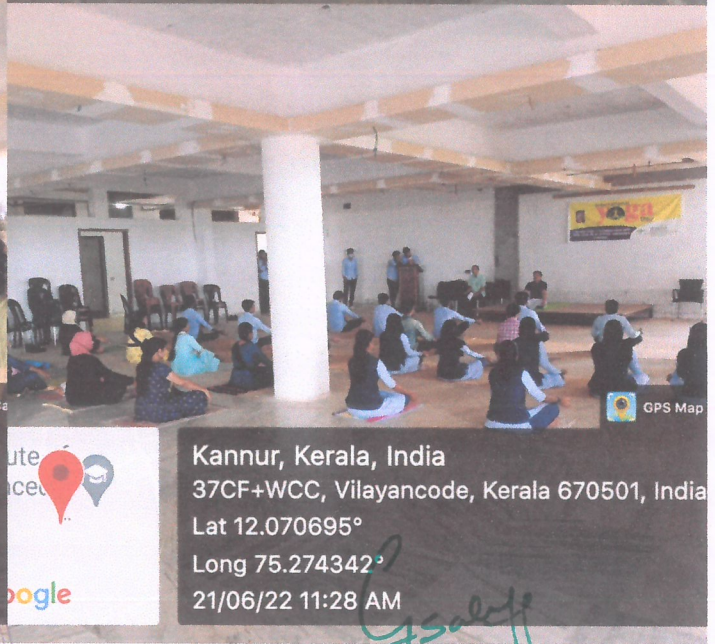
Kannur, Kerala, India
 37CF+WCC, Vilayancode, Kerala 670501, India
 Lat 12.07094°
 Long 75.274274°
 21/06/22 11:24 AM



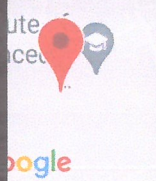
GPS Map Ca



Kannur, Kerala, India
 37CF+WCC, Vilayancode, Kerala 670501, India
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 Long 75.274393°
 21/06/22 11:30 AM



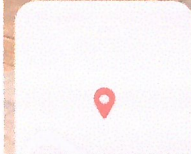
GPS Map



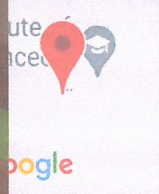
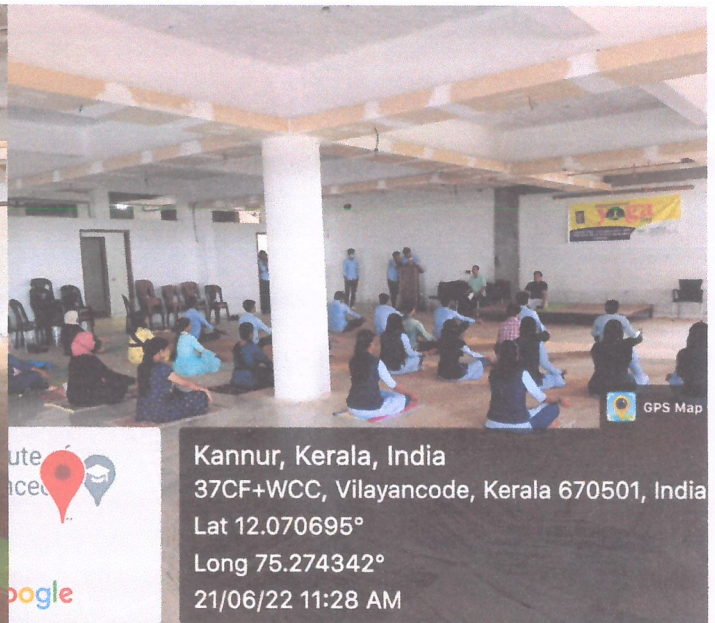
Kannur, Kerala, India
 37CF+WCC, Vilayancode, Kerala 670501, India
 Lat 12.070695°
 Long 75.274342°
 21/06/22 11:28 AM



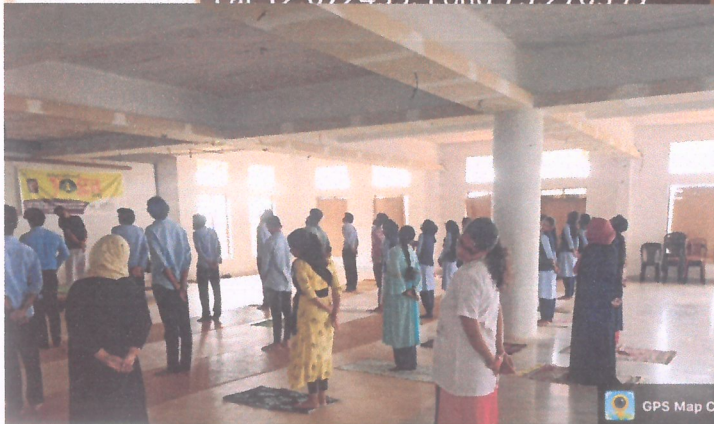
G. Saleff
Principal
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 and Advanced Studies (WIRAS)
 P.O. Vilayancode, Kannur Dt., 670504



Cheruthazham, KL, India
 Payyannur, Cheruthazham, 670501,
 Lat 12.072439, Long 75.270599



Kannur, Kerala, India
 37CF+WCC, Vilayancode, Kerala 670501, India
 Lat 12.070695°
 Long 75.274342°
 21/06/22 11:28 AM



Pilathara, Kerala, India
 37CG+8H, Pilathara, Kerala 670501, India
 Lat 12.070695°
 Long 75.274732°
 21/06/22 11:39 AM



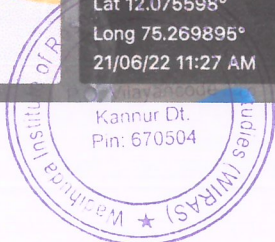
Cheruthazham, KL, India
 Payyannur, Cheruthazham, 670501,
 Lat 12.070782, Long 75.274273
 06/21/2022 11:24 AM



Pilathara, Kerala, India
 37GC+62R, Kasaragod - Kannur Rd, Pilathara, Kerala 670501, India
 Lat 12.075598°
 Long 75.269895°
 21/06/22 11:27 AM



Kannur, Kerala, India
 37CF+WCC, Vilayancode, Kerala 670501, India



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International Yoga day was celebrated
in the Auditorium on 21/6/2022 Tuesday.
The following teachers / students participated.

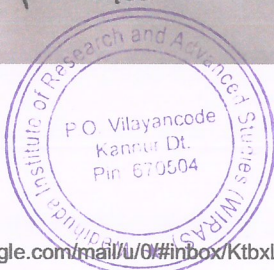
1. Muhammad Iqbal Esmail
2. Mohammed Tohab
3. Subiyun Parook
4. Muhammed Mashroof
5. Muhammed Mahsoof
6. Muhammed Bisber S.A.P
7. Mubeen
8. Muhammed No
9. Fawaz Muhammed
10. ABUOL RAHMAN
11. Ayman Mahmood
12. Farhan .M.M
13. Dilshad .A.K
14. Anas K.V
15. SHAMMAS .E
16. Adil Hasan
17. Aman Jaffer
18. Faujis yasar
19. Nihal Noushad



Gyaseff
Principal
Wadhuda Institute of Research
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- | | | | |
|-----|----------------------|-----|-------------------------|
| 20. | Adnan Abdurahman | Apl | Adnan |
| 21. | Vishrupsriya.K. | | Vishrupsriya |
| 22. | Fathima.A.V | | Fathima |
| 23. | Jasira | | Jasira |
| 24. | Ramseena | | Ramseena |
| 25. | Fathath | | Fathath |
| 26. | Fathima | | Fathima |
| 27. | Rishana | | Rishana |
| 28. | Safana | | Safana |
| 29. | Sahla | | Sahla |
| 30. | Sufaiya | | Sufaiya |
| 31. | Shahadada | | Shahadada |
| 32. | Sahada.Kp | | Sahada |
| 33. | Sana.P.S | | Sana |
| 34. | Afra.Aboobacker | | Afra |
| 35. | Thabsheela.P.M | | Thabsheela |
| 36. | Khaira.Thamanna | | Khaira |
| 37. | Fathima.Sharafudheen | | Fathima |
| 38. | Hajera.A | | Hajera |
| 39. | Ajmera.M.K | | Ajmera |
| 40. | Shibzabi.Jaffar | | Shibzabi |
| 41. | Fazana.V | | Fazana |
| 42. | Fadhila.Amsa | | Fadhila |
| 43. | Abida.S | | Abida |
| 44. | Husna.mohd.Ali | | Husna |
| 45. | Fathimath.Renna | | Fathimath |
| 46. | Jumana.Haseen | | Jumana |
| 47. | Nayiya.Sallu | | Nayiya |
| 48. | Krishmenda.V | | Krishmenda |
| 49. | Ceeethina.K | | Ceeethina |

Saranya P.K.



C. Saeed
Principal

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and Advanced Studies (WIRAS)
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